

DRAW

Subd. 1		Subd. 2		Subd. 3		Subd. 4		Subd. 5		Subd. 6		Subd. 7		Subd. 8		Subd. 9		Subd. 10	
VT	NED-VEN	VT	KOR	VT	GER-UZB	VT	NZL	VT	MAS-SUI	VT	AUS-EGY	VT	INA	VT	NOR	VT	AIN2-NAM	VT	ESP-AIN1
UB	AUT-AZE	UB	FIN-SRI	UB	SGP-LUX	UB	USA	UB	ITA	UB	BEL-LAT	UB	COL	UB	BRA-QAT	UB	POR-THA	UB	HUN-HKG
BB	JPN	BB	TUR-JAM	BB	ISR-TPE	BB	CRO-BAN	BB	FRA-VIE	BB	ROU-MGL	BB	PHI	BB	IND-RSA	BB	BUL	BB	CHN-KAZ
FX	PAN	FX	CAN	FX	PER-ALG	FX	GBR-POL	FX	ISL-MAR	FX	SWE-CRC	FX	MEX-SYR	FX	UKR-CHI	FX	SLO-CMR	FX	CZE

Competition

	VT	UB	BB	FX
SUB 1	NED-VEN	AUT-AZE	JPN	PAN
SUB 2	KOR	FIN-SRI	TUR-JAM	CAN
SUB 3	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG
SUB 4	NZL	USA	CRO-BAN	GBR-POL
SUB 5	MAS-SUI	ITA	FRA-VIE	ISL-MAR
SUB 6	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC
SUB 7	INA	COL	PHI	MEX-SYR
SUB 8	NOR	BRA-QAT	IND-RSA	UKR-CHI
SUB 9	AIN2-NAM	POR-THA	BUL	SLO-CMR
SUB 10	ESP-AIN1	HUN-HKG	CHN-KAZ	CZE



53rd
Artistic Gymnastics
World Championships
 Jakarta 2025

Wednesday, 15 October 2025

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00:00						
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00	S-DIV 3 08:45-09:00		S-DIV 5 08:45-09:00			
9:00:00						
9:15:00						
9:30:00						
9:45:00						
10:00:00		S-DIV 4 09:00-11:30		S-DIV 5 09:00-11:30		
10:15:00						
10:30:00						
10:45:00						
11:00:00						
11:15:00	S-DIV 6 11:15-11:30		S-DIV 7 11:15-11:30			
11:30:00						
11:45:00						
12:00:00						
12:15:00						
12:30:00		S-DIV 6 11:30-14:00		S-DIV 7 11:30-14:00		
12:45:00						
13:00:00						
13:15:00						
13:30:00						
13:45:00	S-DIV 8 13:45-14:00		S-DIV 1 13:45-14:00			
14:00:00						
14:15:00						
14:30:00						
14:45:00						
15:00:00		S-DIV 8 14:00-16:30		S-DIV 1 14:00-16:30		
15:15:00						
15:30:00						
15:45:00						
16:00:00						
16:15:00	S-DIV 9 16:15-16:30		S-DIV 2 16:15-16:30			
16:30:00						
16:45:00						
17:00:00						
17:15:00						
17:30:00		S-DIV 9 16:30-19:00		S-DIV 2 16:30-19:00		
17:45:00						
18:00:00						
18:15:00						
18:30:00						
18:45:00	S-DIV 10 18:45-19:00		S-DIV 3 18:45-19:00			
19:00:00						
19:15:00						
19:30:00						
19:45:00						
20:00:00		S-DIV 10 19:00-21:30		S-DIV 3 19:00-21:30		
20:15:00						
20:30:00						
20:45:00						
21:00:00						
21:15:00						
21:30:00						
21:45:00						
22:00:00						
22:15:00						
22:30:00						
22:45:00						
23:00:00						

WAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 2	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 3	19:00:00	19:30:00	19:30:00	21:30:00
S-DIV 4	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 5	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 6	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 7	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 8	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 9	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 10	19:00:00	19:30:00	19:30:00	21:30:00

Training Hall #1

30 min/rotation		00:30			
Subdivision 4	VT	UB	BB	FX	
9:00	9:30	General Warm-up			
9:30	10:00	NZL	USA	CRO-BAN	GBR-POL
10:00	10:30	GBR-POL	NZL	USA	CRO-BAN
10:30	11:00	CRO-BAN	GBR-POL	NZL	USA
11:00	11:30	USA	CRO-BAN	GBR-POL	NZL

30 min/rotation		00:30			
Subdivision 6	VT	UB	BB	FX	
11:30	12:00	General Warm-up			
12:00	12:30	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC
12:30	13:00	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL
13:00	13:30	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT
13:30	14:00	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY

30 min/rotation		00:30			
Subdivision 8	VT	UB	BB	FX	
14:00	14:30	General Warm-up			
14:30	15:00	NOR	BRA-QAT	IND-RSA	UKR-CHI
15:00	15:30	UKR-CHI	NOR	BRA-QAT	IND-RSA
15:30	16:00	IND-RSA	UKR-CHI	NOR	BRA-QAT
16:00	16:30	BRA-QAT	IND-RSA	UKR-CHI	NOR

30 min/rotation		00:30			
Subdivision 9	VT	UB	BB	FX	
16:30	17:00	General Warm-up			
17:00	17:30	AIN2-NAM	POR-THA	BUL	SLO-CMR
17:30	18:00	SLO-CMR	AIN2-NAM	POR-THA	BUL
18:00	18:30	BUL	SLO-CMR	AIN2-NAM	POR-THA
18:30	19:00	POR-THA	BUL	SLO-CMR	AIN2-NAM

30 min/rotation		00:30			
Subdivision 10	VT	UB	BB	FX	
19:00	19:30	General Warm-up			
19:30	20:00	ESP-AIN1	HUN-HKG	CHN-KAZ	CZE
20:00	20:30	CZE	ESP-AIN1	HUN-HKG	CHN-KAZ
20:30	21:00	CHN-KAZ	CZE	ESP-AIN1	HUN-HKG
21:00	21:30	HUN-HKG	CHN-KAZ	CZE	ESP-AIN1



53rd
Artistic Gymnastics
World Championships
Jakarta 2025

Training Hall #2

30 min/rotation		00:30			
Subdivision 5	VT	UB	BB	FX	
9:00	9:30	General Warm-up			
9:30	10:00	MAS-SUI	ITA	FRA-VIE	ISL-MAR
10:00	10:30	ISL-MAR	MAS-SUI	ITA	FRA-VIE
10:30	11:00	FRA-VIE	ISL-MAR	MAS-SUI	ITA
11:00	11:30	ITA	FRA-VIE	ISL-MAR	MAS-SUI

30 min/rotation		00:30			
Subdivision 7	VT	UB	BB	FX	
11:30	12:00	General Warm-up			
12:00	12:30	INA	COL	PHI	MEX-SYR
12:30	13:00	MEX-SYR	INA	COL	PHI
13:00	13:30	PHI	MEX-SYR	INA	COL
13:30	14:00	COL	PHI	MEX-SYR	INA

30 min/rotation		00:30			
Subdivision 1	VT	UB	BB	FX	
14:00	14:30	General Warm-up			
14:30	15:00	NED-VEN	AUT-AZE	JPN	PAN
15:00	15:30	PAN	NED-VEN	AUT-AZE	JPN
15:30	16:00	JPN	PAN	NED-VEN	AUT-AZE
16:00	16:30	AUT-AZE	JPN	PAN	NED-VEN

30 min/rotation		00:30			
Subdivision 2	VT	UB	BB	FX	
16:30	17:00	General Warm-up			
17:00	17:30	KOR	FIN-SRI	TUR-JAM	CAN
17:30	18:00	CAN	KOR	FIN-SRI	TUR-JAM
18:00	18:30	TUR-JAM	CAN	KOR	FIN-SRI
18:30	19:00	FIN-SRI	TUR-JAM	CAN	KOR

30 min/rotation		00:30			
Subdivision 3	VT	UB	BB	FX	
19:00	19:30	General Warm-up			
19:30	20:00	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG
20:00	20:30	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE
20:30	21:00	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX
21:00	21:30	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB

Thursday, 16 October 2025

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00:00						
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00	S-DIV 5 08:45-09:00		S-DIV 4 08:45-09:00			
9:00:00						
9:15:00						
9:30:00						
9:45:00						
10:00:00						
10:15:00						
10:30:00						
10:45:00						
11:00:00						
11:15:00	S-DIV 7 11:15-11:30		S-DIV 6 11:15-11:30			
11:30:00						
11:45:00						
12:00:00						
12:15:00						
12:30:00						
12:45:00						
13:00:00						
13:15:00						
13:30:00						
13:45:00	S-DIV 1 13:45-14:00		S-DIV 8 13:45-14:00			
14:00:00						
14:15:00						
14:30:00						
14:45:00						
15:00:00						
15:15:00						
15:30:00						
15:45:00						
16:00:00						
16:15:00	S-DIV 2 16:15-16:30		S-DIV 9 16:15-16:30			
16:30:00						
16:45:00						
17:00:00						
17:15:00						
17:30:00						
17:45:00						
18:00:00						
18:15:00						
18:30:00						
18:45:00	S-DIV 3 18:45-19:00		S-DIV 10 18:45-19:00			
19:00:00						
19:15:00						
19:30:00						
19:45:00						
20:00:00						
20:15:00						
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20:45:00						
21:00:00						
21:15:00						
21:30:00						
21:45:00						
22:00:00						
22:15:00						
22:30:00						
22:45:00						
23:00:00						

WAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 2	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 3	19:00:00	19:30:00	19:30:00	21:30:00
S-DIV 4	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 5	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 6	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 7	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 8	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 9	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 10	19:00:00	19:30:00	19:30:00	21:30:00

Training Hall #1

30 min/rotation		00:30			
Subdivision 5		VT	UB	BB	FX
9:00	9:30	General Warm-up			
9:30	10:00	MAS-SUI	ITA	FRA-VIE	ISL-MAR
10:00	10:30	ISL-MAR	MAS-SUI	ITA	FRA-VIE
10:30	11:00	FRA-VIE	ISL-MAR	MAS-SUI	ITA
11:00	11:30	ITA	FRA-VIE	ISL-MAR	MAS-SUI

30 min/rotation		00:30			
Subdivision 7		VT	UB	BB	FX
11:30	12:00	General Warm-up			
12:00	12:30	INA	COL	PHI	MEX-SYR
12:30	13:00	MEX-SYR	INA	COL	PHI
13:00	13:30	PHI	MEX-SYR	INA	COL
13:30	14:00	COL	PHI	MEX-SYR	INA

30 min/rotation		00:30			
Subdivision 1		VT	UB	BB	FX
14:00	14:30	General Warm-up			
14:30	15:00	NED-VEN	AUT-AZE	JPN	PAN
15:00	15:30	PAN	NED-VEN	AUT-AZE	JPN
15:30	16:00	JPN	PAN	NED-VEN	AUT-AZE
16:00	16:30	AUT-AZE	JPN	PAN	NED-VEN

30 min/rotation		00:30			
Subdivision 2		VT	UB	BB	FX
16:30	17:00	General Warm-up			
17:00	17:30	KOR	FIN-SRI	TUR-JAM	CAN
17:30	18:00	CAN	KOR	FIN-SRI	TUR-JAM
18:00	18:30	TUR-JAM	CAN	KOR	FIN-SRI
18:30	19:00	FIN-SRI	TUR-JAM	CAN	KOR

30 min/rotation		00:30			
Subdivision 3		VT	UB	BB	FX
19:00	19:30	General Warm-up			
19:30	20:00	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG
20:00	20:30	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE
20:30	21:00	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX
21:00	21:30	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB



Training Hall #2

30 min/rotation		00:30				
Subdivision 4		VT	UB		BB	FX
9:00	9:30	General Warm-up				
9:30	10:00	NZL	USA	CRO-BAN	GBR-POL	
10:00	10:30	GBR-POL	NZL	USA	CRO-BAN	
10:30	11:00	CRO-BAN	GBR-POL	NZL	USA	
11:00	11:30	USA	CRO-BAN	GBR-POL	NZL	

30 min/rotation		00:30			
Subdivision 6		VT	UB	BB	FX
11:30	12:00	General Warm-up			
12:00	12:30	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC
12:30	13:00	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL
13:00	13:30	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT
13:30	14:00	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY

30 min/rotation		00:30			
Subdivision 8		VT	UB	BB	FX
		General Warm-up			
14:00	14:30				
14:30	15:00	NOR	BRA-QAT	IND-RSA	UKR-CHI
15:00	15:30	UKR-CHI	NOR	BRA-QAT	IND-RSA
15:30	16:00	IND-RSA	UKR-CHI	NOR	BRA-QAT
16:00	16:30	BRA-QAT	IND-RSA	UKR-CHI	NOR

30 min/rotation		00:30			
Subdivision 9		VT	UB	BB	FX
16:30	17:00	General Warm-up			
17:00	17:30	AIN2-NAM	POR-THA	BUL	SLO-CMR
17:30	18:00	SLO-CMR	AIN2-NAM	POR-THA	BUL
18:00	18:30	BUL	SLO-CMR	AIN2-NAM	POR-THA
18:30	19:00	POR-THA	BUL	SLO-CMR	AIN2-NAM

30 min/rotation		00:30			
Subdivision 10		VT	UB	BB	FX
19:00	19:30	General Warm-up			
19:30	20:00	ESP-AIN1	HUN-HKG	CHN-KAZ	CZE
20:00	20:30	CZE	ESP-AIN1	HUN-HKG	CHN-KAZ
20:30	21:00	CHN-KAZ	CZE	ESP-AIN1	HUN-HKG
21:00	21:30	HUN-HKG	CHN-KAZ	CZE	ESP-AIN1

Friday, 17 October 2025						
	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00:00						
7:15:00						
7:30:00						
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22:30:00						
22:45:00						
23:00:00						

WAG Podium Training Sub 1-3

	General Warm-up		Apparatus Training		Warm-up		FOP	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	9:15:00	9:30:00	9:30:00	11:00:00	15:15:00	16:45:00	17:00:00	18:15:00
S-DIV 2	9:45:00	10:00:00	10:00:00	11:30:00	16:45:00	18:15:00	18:30:00	19:45:00
S-DIV 3	10:45:00	11:00:00	11:00:00	12:30:00	18:15:00	19:45:00	20:00:00	21:15:00
S-DIV 4	11:30:00	12:00:00	12:30:00	14:00:00				
S-DIV 5	14:00:00	14:30:00	14:30:00	16:30:00				
S-DIV 6	14:00:00	14:30:00	14:30:00	16:30:00				
S-DIV 7	16:30:00	17:00:00	17:00:00	19:00:00				
S-DIV 8	16:30:00	17:00:00	17:00:00	19:00:00				
S-DIV 9	19:00:00	19:30:00	19:30:00	21:30:00				
S-DIV 10	19:00:00	19:30:00	19:30:00	21:30:00				

Training Hall #1						
22 min and 30 sec/rot 00:22						
Subdivision 1	VT	UB	BB	FX		
9:15	9:30	General Warm-up				
9:30	9:52	NED-VEN	AUT-AZE	JPN	PAN	
9:52	10:15	PAN	NED-VEN	AUT-AZE	JPN	
10:15	10:37	JPN	PAN	NED-VEN	AUT-AZE	
10:37	11:00	AUT-AZE	JPN	PAN	NED-VEN	

22 min and 30 sec/rot 00:22						
Subdivision 3	VT	UB	BB	FX		
10:45	11:00	General Warm-up				
11:00	11:22	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG	
11:22	11:45	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE	
11:45	12:07	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX	
12:07	12:30	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB	

30 min/rotation 00:30						
Subdivision 5	VT	UB	BB	FX		
14:00	14:30	General Warm-up				
14:30	15:00	MAS-SUI	ITA	FRA-VIE	ISL-MAR	
15:00	15:30	ISL-MAR	MAS-SUI	ITA	FRA-VIE	
15:30	16:00	FRA-VIE	ISL-MAR	MAS-SUI	ITA	
16:00	16:30	ITA	FRA-VIE	ISL-MAR	MAS-SUI	

30 min/rotation 00:30						
Subdivision 7	VT	UB	BB	FX		
16:30	17:00	General Warm-up				
17:00	17:30	INA	COL	PHI	MEX-SYR	
17:30	18:00	MEX-SYR	INA	COL	PHI	
18:00	18:30	PHI	MEX-SYR	INA	COL	
18:30	19:00	COL	PHI	MEX-SYR	INA	

30 min/rotation 00:30						
Subdivision 9	VT	UB	BB	FX		
19:00	19:30	General Warm-up				
19:30	20:00	AIN2-NAM	POR-THA	BUL	SLO-CMR	
20:00	20:30	SLO-CMR	AIN2-NAM	POR-THA	BUL	
20:30	21:00	BUL	SLO-CMR	AIN2-NAM	POR-THA	
21:00	21:30	POR-THA	BUL	SLO-CMR	AIN2-NAM	

Training Hall #2						
22 min and 30 sec/rot 00:22						
Subdivision 2	VT	UB	BB	FX		
9:45	10:00	General Warm-up				
10:00	10:22	KOR	FIN-SRI	TUR-JAM	CAN	
10:22	10:45	CAN	KOR	FIN-SRI	TUR-JAM	
10:45	11:07	TUR-JAM	CAN	KOR	FIN-SRI	
11:07	11:30	FIN-SRI	TUR-JAM	CAN	KOR	

30 min/rotation 00:30						
Subdivision 4	VT	UB	BB	FX		
11:30	12:00	General Warm-up				
12:00	12:30	NZL	USA	CRO-BAN	GBR-POL	
12:30	13:00	GBR-POL	NZL	USA	CRO-BAN	
13:00	13:30	CRO-BAN	GBR-POL	NZL	USA	
13:30	14:00	USA	CRO-BAN	GBR-POL	NZL	

30 min/rotation 00:30						
Subdivision 6	VT	UB	BB	FX		
14:00	14:30	General Warm-up				
14:30	15:00	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC	
15:00	15:30	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL	
15:30	16:00	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT	
16:00	16:30	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY	

30 min/rotation 00:30						
Subdivision 8	VT	UB	BB	FX		
16:30	17:00	General Warm-up				
17:00	17:30	NOR	BRA-QAT	IND-RSA	UKR-CHI	
17:30	18:00	UKR-CHI	NOR	BRA-QAT	IND-RSA	
18:00	18:30	IND-RSA	UKR-CHI	NOR	BRA-QAT	
18:30	19:00	BRA-QAT	IND-RSA	UKR-CHI	NOR	

30 min/rotation 00:30						
Subdivision 10	VT	UB	BB	FX		
19:00	19:30	General Warm-up				
19:30	20:00	ESP-AIN1	HUN-HKG	CHN-KAZ	CZE	
20:00	20:30	CZE	ESP-AIN1	HUN-HKG	CHN-KAZ	
20:30	21:00	CHN-KAZ	CZE	ESP-AIN1	HUN-HKG	
21:00	21:30	HUN-HKG	CHN-KAZ	CZE	ESP-AIN1	



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Warm-up						
18 min/rotation 00:18						
Subdivision 1	VT	UB	BB	FX		
15:15	15:33	General Warm-up				
15:33	15:51	PAN	NED-VEN	AUT-AZE	JPN	
15:51	16:09	JPN	PAN	NED-VEN	AUT-AZE	
16:09	16:27	AUT-AZE	JPN	PAN	NED-VEN	
16:27	16:45	NED-VEN	AUT-AZE	JPN	PAN	

18 min/rotation 00:18						
Subdivision 2	VT	UB	BB	FX		
16:45	17:03	General Warm-up				
17:03	17:21	CAN	KOR	FIN-SRI	TUR-JAM	
17:21	17:39	TUR-JAM	CAN	KOR	FIN-SRI	
17:39	17:57	FIN-SRI	TUR-JAM	CAN	KOR	
17:57	18:15	KOR	FIN-SRI	TUR-JAM	CAN	

18 min/rotation 00:18						
Subdivision 3	VT	UB	BB	FX		
18:15	18:33	General Warm-up				
18:33	18:51	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE	
18:51	19:09	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX	
19:09	19:27	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB	
19:27	19:45	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG	

FOP						
18 min and 45 sec/rotation 00:18						
Subdivision 1	VT	UB	BB	FX		
16:45	17:00	Transition Podium				
17:00	17:18	NED-VEN	AUT-AZE	JPN	PAN	
17:18	17:37	PAN	NED-VEN	AUT-AZE	JPN	
17:37	17:56	JPN	PAN	NED-VEN	AUT-AZE	
17:56	18:15	AUT-AZE	JPN	PAN	NED-VEN	

18 min and 45 sec/rotation 00:18						
Subdivision 2	VT	UB	BB	FX		
18:15	18:30	Transition Podium				
18:30	18:48	KOR	FIN-SRI	TUR-JAM	CAN	
18:48	19:07	CAN	KOR	FIN-SRI	TUR-JAM	
19:07	19:26	TUR-JAM	CAN	KOR	FIN-SRI	
19:26	19:45	FIN-SRI	TUR-JAM	CAN	KOR	

18 min and 45 sec/rotation 00:18						
Subdivision 3	VT	UB	BB	FX		
19:45	20:00	Transition Podium				
20:00	20:18	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG	
20:18	20:37	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE	
20:37	20:56	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX	
20:56	21:15	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB	

Saturday, 18 October 2025						
	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00.00						
7:15.00						
7:30.00						
7:45.00						
8:00.00						
8:15.00						
8:30.00						
8:45.00						
9:00.00						
9:15.00						
9:30.00						
9:45.00						
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20:45.00						
21:00.00						
21:15.00						
21:30.00						
21:45.00						
22:00.00						
22:15.00						
22:30.00						
22:45.00						
23:00.00						

WAG Podium Training Sub 4-10

	General Warm-up		Apparatus Training		Warm-up		FOP	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	13:45:00	14:15:00	14:15:00	16:15:00				
S-DIV 2	16:15:00	16:45:00	16:45:00	18:45:00				
S-DIV 3	18:45:00	19:15:00	19:15:00	21:15:00				
S-DIV 4	15:00:00	15:15:00	15:15:00	16:45:00	8:15:00	9:45:00	10:00:00	11:15:00
S-DIV 5	16:30:00	16:45:00	16:45:00	18:15:00	9:45:00	11:15:00	11:30:00	12:45:00
S-DIV 6	18:30:00	18:45:00	18:45:00	20:15:00	11:45:00	13:15:00	13:30:00	14:45:00
S-DIV 7	20:00:00	20:15:00	20:15:00	21:45:00	13:15:00	14:45:00	15:00:00	16:15:00
S-DIV 8	9:00:00	9:15:00	9:15:00	10:45:00	14:45:00	16:15:00	16:30:00	17:45:00
S-DIV 9	10:30:00	10:45:00	10:45:00	12:15:00	16:45:00	18:15:00	18:30:00	19:45:00
S-DIV 10	12:00:00	12:15:00	12:15:00	13:45:00	18:15:00	19:45:00	20:00:00	21:15:00

Training Hall #1						
22 min and 30 sec/rot		00:22				
Subdivision 8		VT	UB	BB	FX	
9:00	9:15	General Warm-up				
9:15	9:37	NOR	BRA-QAT	IND-RSA	UKR-CHI	
9:37	10:00	UKR-CHI	NOR	BRA-QAT	IND-RSA	
10:00	10:22	IND-RSA	UKR-CHI	NOR	BRA-QAT	
10:22	10:45	BRA-QAT	IND-RSA	UKR-CHI	NOR	

22 min and 30 sec/rot		00:22			
Subdivision 10		VT	UB	BB	FX
12:00		General Warm-up			
12:15		ESP-AIN1	HUN-HKG	CHN-KAZ	CZE
12:37		CZE	ESP-AIN1	HUN-HKG	CHN-KAZ
13:00		CHN-KAZ	CZE	ESP-AIN1	HUN-HKG
13:22		HUN-HKG	CHN-KAZ	CZE	ESP-AIN1

22 min and 30 sec/rot		00:22			
Subdivision 4		VT	UB	BB	FX
General Warm-up					
15:00	15:15				
15:15	15:37	NZL	USA	CRO-BAN	GBR-POL
15:37	16:00	GBR-POL	NZL	USA	CRO-BAN
16:00	16:22	CRO-BAN	GBR-POL	NZL	USA
16:22	16:45	USA	CRO-BAN	GBR-POL	NZL

22 min and 30 sec/rot		00:22			
Subdivision 5		VT	UB	BB	FX
16:30 16:45		General Warm-up			
16:45 17:07		MAS-SUI	ITA	FRA-VIE	ISL-MAR
17:07 17:30		ISL-MAR	MAS-SUI	ITA	FRA-VIE
17:30 17:52		FRA-VIE	ISL-MAR	MAS-SUI	ITA
17:52 18:15		ITA	FRA-VIE	ISL-MAR	MAS-SUI

22 min and 30 sec/rot		00:22			
Subdivision 6		VT	UB	BB	FX
18:30 18:45		General Warm-up			
18:45	19:07	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC
19:07	19:30	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL
19:30	19:52	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT
19:52	20:15	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY

22 min and 30 sec/rot		00:22			
Subdivision 7		VT	UB	BB	FX
20:00 20:15		General Warm-up			
20:15 20:37		INA	COL	PHI	MEX-SYR
20:37 21:00		MEX-SYR	INA	COL	PHI
21:00 21:22		PHI	MEX-SYR	INA	COL
21:22 21:45		COL	PHI	MEX-SYR	INA

Training Hall #2						
22 min and 30 sec/rot		00:22				
Subdivision 9		VT	UB	BB	FX	
General Warm-up						
10:30	10:45					
10:45	11:07	AIN2-NAM	POR-THA	BUL	SLO-CMR	
11:07	11:30	SLO-CMR	AIN2-NAM	POR-THA	BUL	
11:30	11:52	BUL	SLO-CMR	AIN2-NAM	POR-THA	
11:52	12:15	POR-THA	BUL	SLO-CMR	AIN2-NAM	

30 min/rotation		00:30			
Subdivision 1		VT	UB	BB	FX
13:45	14:15	General Warm-up			
14:15	14:45	NED-VEN	AUT-AZE	JPN	PAN
14:45	15:15	PAN	NED-VEN	AUT-AZE	JPN
15:15	15:45	JPN	PAN	NED-VEN	AUT-AZE
15:45	16:15	AUT-AZE	JPN	PAN	NED-VEN

30 min/rotation		00:30			
Subdivision 2		VT	UB	BB	FX
General Warm-up					
16:15	16:45				
16:45	17:15	KOR	FIN-SRI	TUR-JAM	CAN
17:15	17:45	CAN	KOR	FIN-SRI	TUR-JAM
17:45	18:15	TUR-JAM	CAN	KOR	FIN-SRI
18:15	18:45	FIN-SRI	TUR-JAM	CAN	KOR

30 min/rotation		00:30			
Subdivision 3		VT	UB	BB	FX
General Warm-up					
18:45	19:15				
19:15	19:45	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG
19:45	20:15	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE
20:15	20:45	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX
20:45	21:15	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB

30 min/rotation 00:30						
Subdivision 4	VT	UB	BB	FX		
General Warm-up						
19:15	19:45					
19:45	20:15	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG	
20:15	20:45	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX	
20:45	21:15	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB	

30 min/rotation 00:30						
Subdivision 5	VT	UB	BB	FX		
General Warm-up						
20:15	20:37					
20:37	21:00	MEX-SYR	INA	COL	PHI	
21:00	21:22	PHI	MEX-SYR	INA	COL	
21:22	21:45	COL	PHI	MEX-SYR	INA	



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Warm-up						
18 min/rotation		00:18				
Subdivision 4		VT	UB	BB	FX	
General Warm-up						
8:15	8:33					
8:33	8:51	GBR-POL	NZL	USA	CRO-BAN	
8:51	9:09	CRO-BAN	GBR-POL	NZL	USA	
9:09	9:27	USA	CRO-BAN	GBR-POL	NZL	
9:27	9:45	NZL	USA	CRO-BAN	GBR-POL	

18 min/rotation		00:18			
Subdivision 5		VT	UB	BB	FX
9:45	10:03	General Warm-up			
10:03	10:21	ISL-MAR	MAS-SUI	ITA	FRA-VIE
10:21	10:39	FRA-VIE	ISL-MAR	MAS-SUI	ITA
10:39	10:57	ITA	FRA-VIE	ISL-MAR	MAS-SUI
10:57	11:15	MAS-SUI	ITA	FRA-VIE	ISL-MAR

18 min/rotation		00:18			
Subdivision 6		VT	UB	BB	FX
11:45 12:03		General Warm-up			
12:03	12:21	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL
12:21	12:39	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT
12:39	12:57	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY
12:57	13:15	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC

Sunday, 19 October 2025

	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00:00						
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00	S-DIV 5 08:45-09:00		S-DIV 4 08:45-09:00			
9:00:00						
9:15:00						
9:30:00						
9:45:00						
10:00:00						
10:15:00						
10:30:00						
10:45:00						
11:00:00						
11:15:00	S-DIV 7 11:15-11:30		S-DIV 6 11:15-11:30			
11:30:00						
11:45:00						
12:00:00						
12:15:00						
12:30:00						
12:45:00						
13:00:00						
13:15:00						
13:30:00						
13:45:00	S-DIV 1 13:45-14:00		S-DIV 8 13:45-14:00			
14:00:00						
14:15:00						
14:30:00						
14:45:00						
15:00:00						
15:15:00						
15:30:00						
15:45:00						
16:00:00						
16:15:00	S-DIV 2 16:15-16:30		S-DIV 9 16:15-16:30			
16:30:00						
16:45:00						
17:00:00						
17:15:00						
17:30:00						
17:45:00						
18:00:00						
18:15:00						
18:30:00						
18:45:00	S-DIV 3 18:45-19:00		S-DIV 10 18:45-19:00			
19:00:00						
19:15:00						
19:30:00						
19:45:00						
20:00:00						
20:15:00						
20:30:00						
20:45:00						
21:00:00						
21:15:00						
21:30:00						
21:45:00						
22:00:00						
22:15:00						
22:30:00						
22:45:00						
23:00:00						

WAG Training Day

	General Warm-up		Apparatus Training	
	Start	Finish	Start	Finish
S-DIV 1	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 2	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 3	19:00:00	19:30:00	19:30:00	21:30:00
S-DIV 4	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 5	9:00:00	9:30:00	9:30:00	11:30:00
S-DIV 6	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 7	11:30:00	12:00:00	12:00:00	14:00:00
S-DIV 8	14:00:00	14:30:00	14:30:00	16:30:00
S-DIV 9	16:30:00	17:00:00	17:00:00	19:00:00
S-DIV 10	19:00:00	19:30:00	19:30:00	21:30:00

Training Hall #1

30 min/rotation		00:30			
Subdivision 5		VT	UB	BB	FX
9:00	9:30	General Warm-up			
9:30	10:00	MAS-SUI	ITA	FRA-VIE	ISL-MAR
10:00	10:30	ISL-MAR	MAS-SUI	ITA	FRA-VIE
10:30	11:00	FRA-VIE	ISL-MAR	MAS-SUI	ITA
11:00	11:30	ITA	FRA-VIE	ISL-MAR	MAS-SUI

30 min/rotation		00:30			
Subdivision 7		VT	UB	BB	FX
11:30	12:00	General Warm-up			
12:00	12:30	INA	COL	PHI	MEX-SYR
12:30	13:00	MEX-SYR	INA	COL	PHI
13:00	13:30	PHI	MEX-SYR	INA	COL
13:30	14:00	COL	PHI	MEX-SYR	INA

30 min/rotation		00:30			
Subdivision 1		VT	UB	BB	FX
14:00	14:30	General Warm-up			
14:30	15:00	NED-VEN	AUT-AZE	JPN	PAN
15:00	15:30	PAN	NED-VEN	AUT-AZE	JPN
15:30	16:00	JPN	PAN	NED-VEN	AUT-AZE
16:00	16:30	AUT-AZE	JPN	PAN	NED-VEN

30 min/rotation		00:30			
Subdivision 2		VT	UB	BB	FX
16:30	17:00	General Warm-up			
17:00	17:30	KOR	FIN-SRI	TUR-JAM	CAN
17:30	18:00	CAN	KOR	FIN-SRI	TUR-JAM
18:00	18:30	TUR-JAM	CAN	KOR	FIN-SRI
18:30	19:00	FIN-SRI	TUR-JAM	CAN	KOR

30 min/rotation		00:30			
Subdivision 3		VT	UB	BB	FX
19:00	19:30	General Warm-up			
19:30	20:00	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG
20:00	20:30	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE
20:30	21:00	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX
21:00	21:30	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB



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Training Hall #2

30 min/rotation		00:30				
Subdivision 4		VT	UB		BB	FX
9:00	9:30	General Warm-up				
9:30	10:00	NZL	USA	CRO-BAN	GBR-POL	
10:00	10:30	GBR-POL	NZL	USA	CRO-BAN	
10:30	11:00	CRO-BAN	GBR-POL	NZL	USA	
11:00	11:30	USA	CRO-BAN	GBR-POL	NZL	

30 min/rotation		00:30			
Subdivision 6		VT	UB	BB	FX
11:30	12:00	General Warm-up			
12:00	12:30	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC
12:30	13:00	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL
13:00	13:30	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT
13:30	14:00	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY

30 min/rotation		00:30			
Subdivision 8		VT	UB	BB	FX
		General Warm-up			
14:00	14:30				
14:30	15:00	NOR	BRA-QAT	IND-RSA	UKR-CHI
15:00	15:30	UKR-CHI	NOR	BRA-QAT	IND-RSA
15:30	16:00	IND-RSA	UKR-CHI	NOR	BRA-QAT
16:00	16:30	BRA-QAT	IND-RSA	UKR-CHI	NOR

30 min/rotation		00:30			
Subdivision 9		VT	UB	BB	FX
16:30	17:00	General Warm-up			
17:00	17:30	AIN2-NAM	POR-THA	BUL	SLO-CMR
17:30	18:00	SLO-CMR	AIN2-NAM	POR-THA	BUL
18:00	18:30	BUL	SLO-CMR	AIN2-NAM	POR-THA
18:30	19:00	POR-THA	BUL	SLO-CMR	AIN2-NAM

30 min/rotation		00:30			
Subdivision 10		VT	UB	BB	FX
19:00	19:30	General Warm-up			
19:30	20:00	ESP-AIN1	HUN-HKG	CHN-KAZ	CZE
20:00	20:30	CZE	ESP-AIN1	HUN-HKG	CHN-KAZ
20:30	21:00	CHN-KAZ	CZE	ESP-AIN1	HUN-HKG
21:00	21:30	HUN-HKG	CHN-KAZ	CZE	ESP-AIN1

Monday, 20 October 2025						
	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00:00						
7:15:00						
7:30:00						
7:45:00						
8:00:00						
8:15:00						
8:30:00						
8:45:00						
9:00:00						
9:15:00						
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21:15:00						
21:30:00						
21:45:00						
22:00:00						
22:15:00						
22:30:00						
22:45:00						
23:00:00						

WAG Qualifications Sub 1-3

	General Warm-up		Apparatus Training		Warm-up		FOP	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	9:15:00	9:30:00	9:30:00	11:00:00	15:15:00	16:45:00	17:00:00	18:15:00
S-DIV 2	9:45:00	10:00:00	10:00:00	11:30:00	16:45:00	18:15:00	18:30:00	19:45:00
S-DIV 3	10:45:00	11:00:00	11:00:00	12:30:00	18:15:00	19:45:00	20:00:00	21:15:00
S-DIV 4	11:30:00	12:00:00	12:00:00	14:00:00				
S-DIV 5	14:00:00	14:30:00	14:30:00	16:30:00				
S-DIV 6	14:00:00	14:30:00	14:30:00	16:30:00				
S-DIV 7	16:30:00	17:00:00	17:00:00	19:00:00				
S-DIV 8	16:30:00	17:00:00	17:00:00	19:00:00				
S-DIV 9	19:00:00	19:30:00	19:30:00	21:30:00				
S-DIV 10	19:00:00	19:30:00	19:30:00	21:30:00				

Training Hall #1						
22 min and 30 sec/rot		00:22				
Subdivision 1		VT	UB	BB	FX	
9:15	9:30	General Warm-up				
9:30	9:52	NED-VEN	AUT-AZE	JPN	PAN	
9:52	10:15	PAN	NED-VEN	AUT-AZE	JPN	
10:15	10:37	JPN	PAN	NED-VEN	AUT-AZE	
10:37	11:00	AUT-AZE	JPN	PAN	NED-VEN	

22 min and 30 sec/rot		00:22			
Subdivision 3		VT	UB	BB	FX
10:45	11:00	General Warm-up			
11:00	11:22	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG
11:22	11:45	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE
11:45	12:07	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX
12:07	12:30	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB

30 min/rotation		00:30			
Subdivision 5		VT	UB	BB	FX
14:00	14:30	General Warm-up			
14:30	15:00	MAS-SUI	ITA	FRA-VIE	ISL-MAR
15:00	15:30	ISL-MAR	MAS-SUI	ITA	FRA-VIE
15:30	16:00	FRA-VIE	ISL-MAR	MAS-SUI	ITA
16:00	16:30	ITA	FRA-VIE	ISL-MAR	MAS-SUI

30 min/rotation		00:30				
Subdivision 7		VT	UB		BB	FX
16:30	17:00	General Warm-up				
17:00	17:30	INA	COL	PHI	MEX-SYR	
17:30	18:00	MEX-SYR	INA	COL	PHI	
18:00	18:30	PHI	MEX-SYR	INA	COL	
18:30	19:00	COL	PHI	MEX-SYR	INA	

30 min/rotation		00:30			
Subdivision 9		VT	UB	BB	FX
19:00	19:30	General Warm-up			
19:30	20:00	AIN2-NAM	POR-THA	BUL	SLO-CMR
20:00	20:30	SLO-CMR	AIN2-NAM	POR-THA	BUL
20:30	21:00	BUL	SLO-CMR	AIN2-NAM	POR-THA
21:00	21:30	POR-THA	BUL	SLO-CMR	AIN2-NAM

Training Hall #2						
22 min and 30 sec/rot		00:22				
Subdivision 2		VT	UB	BB	FX	
9:45	10:00	General Warm-up				
10:00	10:22	KOR	FIN-SRI	TUR-JAM	CAN	
10:22	10:45	CAN	KOR	FIN-SRI	TUR-JAM	
10:45	11:07	TUR-JAM	CAN	KOR	FIN-SRI	
11:07	11:30	FIN-SRI	TUR-JAM	CAN	KOR	

30 min/rotation		00:30			
Subdivision 4		VT	UB	BB	FX
11:30	12:00	General Warm-up			
12:00	12:30	NZL	USA	CRO-BAN	GBR-POL
12:30	13:00	GBR-POL	NZL	USA	CRO-BAN
13:00	13:30	CRO-BAN	GBR-POL	NZL	USA
13:30	14:00	USA	CRO-BAN	GBR-POL	NZL

30 min/rotation		00:30			
Subdivision 6		General Warm-up			FX
14:00	14:30		UB	BB	
14:30	15:00	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC
15:00	15:30	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL
15:30	16:00	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT
16:00	16:30	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY

30 min/rotation		00:30			
Subdivision 8		VT	UB	BB	FX
16:30	17:00	General Warm-up			
17:00	17:30	NOR	BRA-QAT	IND-RSA	UKR-CHI
17:30	18:00	UKR-CHI	NOR	BRA-QAT	IND-RSA
18:00	18:30	IND-RSA	UKR-CHI	NOR	BRA-QAT
18:30	19:00	BRA-QAT	IND-RSA	UKR-CHI	NOR

30 min/rotation		00:30			
Subdivision 10		VT	UB	BB	FX
19:00	19:30	General Warm-up			
19:30	20:00	ESP-AIN1	HUN-HKG	CHN-KAZ	CZE
20:00	20:30	CZE	ESP-AIN1	HUN-HKG	CHN-KAZ
20:30	21:00	CHN-KAZ	CZE	ESP-AIN1	HUN-HKG
21:00	21:30	HUN-HKG	CHN-KAZ	CZE	ESP-AIN1



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Warm-up						
18 min/rotation		00:18				
Subdivision 1		VT	UB	BB	FX	
15:15	15:33	General Warm-up				
15:33	15:51	PAN	NED-VEN	AUT-AZE	JPN	
15:51	16:09	JPN	PAN	NED-VEN	AUT-AZE	
16:09	16:27	AUT-AZE	JPN	PAN	NED-VEN	
16:27	16:45	NED-VEN	AUT-AZE	JPN	PAN	

18 min/rotation		00:18			
Subdivision 2		VT	UB	BB	FX
16:45	17:03	General Warm-up			
17:03	17:21	CAN	KOR	FIN-SRI	TUR-JAM
17:21	17:39	TUR-JAM	CAN	KOR	FIN-SRI
17:39	17:57	FIN-SRI	TUR-JAM	CAN	KOR
17:57	18:15	KOR	FIN-SRI	TUR-JAM	CAN

18 min/rotation		00:18			
Subdivision 3		VT	UB	BB	FX
18:15	18:33	General Warm-up			
18:33	18:51	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE
18:51	19:09	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX
19:09	19:27	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB
19:27	19:45	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG

FOP						
18 min and 45 sec/rotation		00:18				
Subdivision 1		VT	UB	BB	FX	
16:45	17:00	Transition Podium				
17:00	17:18	NED-VEN	AUT-AZE	JPN	PAN	
17:18	17:37	PAN	NED-VEN	AUT-AZE	JPN	
17:37	17:56	JPN	PAN	NED-VEN	AUT-AZE	
17:56	18:15	AUT-AZE	JPN	PAN	NED-VEN	

18 min and 45 sec/rotation		00:18			
Subdivision 2		VT	UB	BB	FX
18:15	18:30	Transition Podium			
18:30	18:48	KOR	FIN-SRI	TUR-JAM	CAN
18:48	19:07	CAN	KOR	FIN-SRI	TUR-JAM
19:07	19:26	TUR-JAM	CAN	KOR	FIN-SRI
19:26	19:45	FIN-SRI	TUR-JAM	CAN	KOR

18 min and 45 sec/rotator		00:18			
Subdivision 3		VT	UB	BB	FX
19:45	20:00	Transition Podium			
20:00	20:18	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG
20:18	20:37	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE
20:37	20:56	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX
20:56	21:15	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB

Tuesday, 21 October 2025						
	Stretching Area	Training Hall #1	Stretching Area	Training Hall #2	Warm-Up Hall	FOP
7:00.00						
7:15.00						
7:30.00						
7:45.00						
8:00.00						
8:15.00						
8:30.00						
8:45.00						
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21:45.00						
22:00.00						
22:15.00						
22:30.00						
22:45.00						
23:00.00						

WAG Qualifications Sub 4-10

	General Warm-up		Apparatus Training		Warm-up		FOP	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish
S-DIV 1	13:45:00	14:15:00	14:15:00	16:15:00				
S-DIV 2	16:15:00	16:45:00	16:45:00	18:45:00				
S-DIV 3	18:45:00	19:15:00	19:15:00	21:15:00				
S-DIV 4	15:00:00	15:15:00	15:15:00	16:45:00	8:15:00	9:45:00	10:00:00	11:15:00
S-DIV 5	16:30:00	16:45:00	16:45:00	18:15:00	9:45:00	11:15:00	11:30:00	12:45:00
S-DIV 6	18:30:00	18:45:00	18:45:00	20:15:00	11:45:00	13:15:00	13:30:00	14:45:00
S-DIV 7	20:00:00	20:15:00	20:15:00	21:45:00	13:15:00	14:45:00	15:00:00	16:15:00
S-DIV 8	9:00:00	9:15:00	9:15:00	10:45:00	14:45:00	16:15:00	16:30:00	17:45:00
S-DIV 9	10:30:00	10:45:00	10:45:00	12:15:00	16:45:00	18:15:00	18:30:00	19:45:00
S-DIV 10	12:00:00	12:15:00	12:15:00	13:45:00	18:15:00	19:45:00	20:00:00	21:15:00

Training Hall #1						
22 min and 30 sec/rot 00:22						
Subdivision 8	VT	UB	BB	FX		
9:00	9:15	General Warm-up				
9:15	9:37	NOR	BRA-QAT	IND-RSA	UKR-CHI	
9:37	10:00	UKR-CHI	NOR	BRA-QAT	IND-RSA	
10:00	10:22	IND-RSA	UKR-CHI	NOR	BRA-QAT	
10:22	10:45	BRA-QAT	IND-RSA	UKR-CHI	NOR	

22 min and 30 sec/rot 00:22						
Subdivision 10	VT	UB	BB	FX		
12:00	12:15	General Warm-up				
12:15	12:37	ESP-AIN1	HUN-HKG	CHN-KAZ	CZE	
12:37	13:00	CZE	ESP-AIN1	HUN-HKG	CHN-KAZ	
13:00	13:22	CHN-KAZ	CZE	ESP-AIN1	HUN-HKG	
13:22	13:45	HUN-HKG	CHN-KAZ	CZE	ESP-AIN1	

22 min and 30 sec/rot 00:22						
Subdivision 4	VT	UB	BB	FX		
15:00	15:15	General Warm-up				
15:15	15:37	NZL	USA	CRO-BAN	GBR-POL	
15:37	16:00	GBR-POL	NZL	USA	CRO-BAN	
16:00	16:22	CRO-BAN	GBR-POL	NZL	USA	
16:22	16:45	USA	CRO-BAN	GBR-POL	NZL	

22 min and 30 sec/rot 00:22						
Subdivision 5	VT	UB	BB	FX		
16:30	16:45	General Warm-up				
16:45	17:07	MAS-SUI	ITA	FRA-VIE	ISL-MAR	
17:07	17:30	ISL-MAR	MAS-SUI	ITA	FRA-VIE	
17:30	17:52	FRA-VIE	ISL-MAR	MAS-SUI	ITA	
17:52	18:15	ITA	FRA-VIE	ISL-MAR	MAS-SUI	

22 min and 30 sec/rot 00:22						
Subdivision 6	VT	UB	BB	FX		
18:30	18:45	General Warm-up				
18:45	19:07	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC	
19:07	19:30	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL	
19:30	19:52	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT	
19:52	20:15	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY	

22 min and 30 sec/rot 00:22						
Subdivision 7	VT	UB	BB	FX		
20:00	20:15	General Warm-up				
20:15	20:37	INA	COL	PHI	MEX-SYR	
20:37	21:00	MEX-SYR	INA	COL	PHI	
21:00	21:22	PHI	MEX-SYR	INA	COL	
21:22	21:45	COL	PHI	MEX-SYR	INA	

Training Hall #2						
22 min and 30 sec/rot 00:22						
Subdivision 9	VT	UB	BB	FX		
10:30	10:45	General Warm-up				
10:45	11:07	AIN2-NAM	POR-THA	BUL	SLO-CMR	
11:07	11:30	SLO-CMR	AIN2-NAM	POR-THA	BUL	
11:30	11:52	BUL	SLO-CMR	AIN2-NAM	POR-THA	
11:52	12:15	POR-THA	BUL	SLO-CMR	AIN2-NAM	

30 min/rotation 00:30						
Subdivision 1	VT	UB	BB	FX		
13:45	14:15	General Warm-up				
14:15	14:45	NED-VEN	AUT-AZE	JPN	PAN	
14:45	15:15	PAN	NED-VEN	AUT-AZE	JPN	
15:15	15:45	JPN	PAN	NED-VEN	AUT-AZE	
15:45	16:15	AUT-AZE	JPN	PAN	NED-VEN	

30 min/rotation 00:30						
Subdivision 2	VT	UB	BB	FX		
16:15	16:45	General Warm-up				
16:45	17:15	KOR	FIN-SRI	TUR-JAM	CAN	
17:15	17:45	CAN	KOR	FIN-SRI	TUR-JAM	
17:45	18:15	TUR-JAM	CAN	KOR	FIN-SRI	
18:15	18:45	FIN-SRI	TUR-JAM	CAN	KOR	

30 min/rotation 00:30						
Subdivision 3	VT	UB	BB	FX		
18:45	19:15	General Warm-up				
19:15	19:45	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG	
19:45	20:15	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE	
20:15	20:45	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX	
20:45	21:15	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB	

30 min/rotation 00:30						
Subdivision 4	VT	UB	BB	FX		
18:45	19:15	General Warm-up				
19:15	19:45	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG	
19:45	20:15	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE	
20:15	20:45	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX	
20:45	21:15	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB	

30 min/rotation 00:30						
Subdivision 5	VT	UB	BB	FX		
18:45	19:15	General Warm-up				
19:15	19:45	GER-UZB	SGP-LUX	ISR-TPE	PER-ALG	
19:45	20:15	PER-ALG	GER-UZB	SGP-LUX	ISR-TPE	
20:15	20:45	ISR-TPE	PER-ALG	GER-UZB	SGP-LUX	
20:45	21:15	SGP-LUX	ISR-TPE	PER-ALG	GER-UZB	



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Warm-up						
18 min/rotation 00:18						
Subdivision 1	VT	UB	BB	FX		
8:15	8:33	General Warm-up				
8:33	8:51	GBR-POL	NZL	USA	CRO-BAN	
8:51	9:09	CRO-BAN	GBR-POL	NZL	USA	
9:09	9:27	USA	CRO-BAN	GBR-POL	NZL	
9:27	9:45	NZL	USA	CRO-BAN	GBR-POL	

18 min/rotation 00:18						
Subdivision 5	VT	UB	BB	FX		
9:45	10:03	General Warm-up				
10:03	10:21	ISL-MAR	MAS-SUI	ITA	FRA-VIE	
10:21	10:39	FRA-VIE	ISL-MAR	MAS-SUI	ITA	
10:39	10:57	ITA	FRA-VIE	ISL-MAR	MAS-SUI	
10:57	11:15	MAS-SUI	ITA	FRA-VIE	ISL-MAR	

18 min/rotation 00:18						
Subdivision 6	VT	UB	BB	FX		
11:45	12:03	General Warm-up				
12:03	12:21	SWE-CRC	AUS-EGY	BEL-LAT	ROU-MGL	
12:21	12:39	ROU-MGL	SWE-CRC	AUS-EGY	BEL-LAT	
12:39	12:57	BEL-LAT	ROU-MGL	SWE-CRC	AUS-EGY	
12:57	13:15	AUS-EGY	BEL-LAT	ROU-MGL	SWE-CRC	

18 min/rotation 00:18						
Subdivision 7	VT	UB	BB	FX		
13:15	13:33	General Warm-up				
13:33	13:51	MEX-SYR	INA	COL	PHI	
13:51	14:09	PHI	MEX-SYR	INA	COL	
14:09	14:27	COL	PHI	MEX-SYR	INA	
14:27	14:45	INA	COL	PHI	MEX-SYR	

	Stretching Area	Training Hall #1	Warm-Up Hall	FOP	
7:00:00					
7:15:00					
7:30:00					
7:45:00					
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22:45:00					
23:00:00					

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** for NF without qualified WAG Gymnast

Training Hall #1

WAG AF - Training		VT	UB	BB	FX
12:00	12:30	General Warm-up			
12:30	13:07	VT Q1-Q8 + R	UB Q1-Q8 + R	BB Q1-Q8 + R	FX Q1-Q8 + R
13:07	13:45				
13:45	14:22				
14:22	15:00				

WAG AA - Training		VT	UB	BB	FX
15:00	15:30	General Warm-up			
15:30	16:07	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**
16:07	16:45	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**
16:45	17:22	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**
17:22	18:00	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**

WAG Open - Training		VT	UB	BB	FX
18:00	18:30	General Warm-up			
18:30	19:07	Open Training			
19:07	19:45				
19:45	20:22				
20:22	21:00				



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Thursday, 23 October 2025			
Stretching Aerob.	Training Ref #1	Warm-Up Ref.	FOP
7:00:00			
7:15:00			
7:30:00			
7:45:00			
8:00:00			
8:15:00			
8:30:00			
8:45:00			
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** for NF without qualified WAG Gymnast

Training Hall #1					
30 min/rotation		00:30			
	WAG AA - Training	VT	UB	BB	FX
10:15	10:45				
10:45	11:15	AA Q1-06 - R1**	AA Q1-Q12 - B1**	AA Q1-Q18 - R2**	AA Q19-Q24 - R1**
11:15	11:45	AA Q1-Q6 - R1**	AA Q1-Q6 - R4**	AA Q1-Q12 - R3**	AA Q13-Q18 - R2**
11:45	12:15	AA Q13-Q18 - R2**	AA Q19-Q24 - R1**	AA Q1-Q6 - R4**	AA Q1-Q12 - R3**
12:15	12:45	AA Q1-Q12 - R3**	AA Q13-Q18 - R2**	AA Q19-Q24 - R1**	AA Q1-Q6 - R4**

37 min and 30 sec/rot.		00:37							
WAG AF - Training		VT		UB		BB		FX	
13:15	13:45	General Warm-up							
13:45	14:22	VT Q1-Q8 + R		UB Q1-Q8 + R		BB Q1-Q8 + R		FX Q1-Q8 + R	
14:22	15:00								
15:00	15:37								
15:37	16:15								

37 min and 30 sec/rot.		00:37			
WAG Open - Training		VT	UB	BB	FX
16:15	16:45	General Warm-up			
16:45	17:22	Open Training			
17:22	18:00				
18:00	18:37				
18:37	19:15				

Warm-up					
18 min and 45 sec/rot.	00:18				
WAG AA Final	VT	UB	General Warm-up		FX
16:30	17:00				
17:00	17:18	AA Q19-Q24 + R1**	AA Q1-Q6 + R1**	AA Q7-Q12 + R2**	AA Q13-Q18 + R2**
17:18	17:37	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R2**	AA Q7-Q12 + R3**
17:37	17:56	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**	AA Q1-Q6 + R4**
17:56	18:15	AA Q1-Q6 + R4**	AA Q7-Q12 + R3**	AA Q13-Q18 + R2**	AA Q19-Q24 + R1**

FOP					
33 min and 45 sechot	00:33				
WJAG AA Final	VT	UB	BB	FX	
18:15	18:30	Transition Podium			
18:30	18:33	AA Q1-Q6 + R4*	AA Q7-Q12 + R3*	AA Q13-Q18 + R2*	AA Q19-Q24 + R1**
19:03	19:07	AA Q19-Q24 + R1**	AA Q1-Q6 + R4*	AA Q7-Q12 + R3*	AA Q13-Q18 + R2*
19:37	20:11	AA Q13-Q18 + R2*	AA Q19-Q24 + R1**	AA Q7-Q12 + R3*	AA Q1-Q6 + R4*
20:11	20:45	AA Q7-Q12 + R3*	AA Q13-Q18 + R2*	AA Q19-Q24 + R1**	AA Q1-Q6 + R4*
20:45	21:00	Award Ceremony			





53rd
Artistic Gymnastics
World Championships
Jakarta 2025

* Including Reserves and NF substitute
** Non qualified Gymnasts only

FOP - Training			
		01:00	
WAG AF - Training		VT	UB
12:00	13:00	General Warm-up and Open Training	

Warm-up			
WAG Apparatus Final		VT	UB
12:00	18:00	General Warm-up and Open Warm-up	

FOP			
WAG Apparatus Finals		VT	UB
13:45	14:00	Transition Podium	
14:00	14:38	MAG - FX Final	
14:38	15:23	VT Q1-Q8	
15:23	15:35	Award Ceremony - MAG FX and WAG VT	
15:35	16:16	MAG - PR1 Final	
16:16	17:02		UB Q1-Q8
17:02	17:42	MAG - SR Final	
17:42	18:00	Award Ceremony - MAG PB, WAG UB and MAG SR	

